

# REGISTRATION FORM

**Part I: CONTEMPORARY SURGERY of the AGING FACE** - October 19-20, 2007  
**Part II: NONSURGICAL TECHNIQUES for FACIAL REJUVENATION** - October 21, 2007

PLEASE PRINT CLEARLY!  
*CME Certificate accuracy is dependent on legibility.*

Name \_\_\_\_\_

Degree \_\_\_\_\_ Specialty \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_


State \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_





E-mail \_\_\_\_\_ Date-of-birth \_\_\_\_\_

*All confirmations will be sent via email - PLEASE WRITE LEGIBLY. CME Tracking requirement.*

**Tuition Fees:** **Course #101907**  
Physicians:  Part I - \$2195  Part II - \$595  Parts I & II - \$2495  
Fellows/Residents/USA Military:  Part I - \$1195  Part II - \$395  Parts I & II - \$1395  
*(Letter of verification required)*  
Special Event Reception - October 19, 2007   
*(No charge for participants, please check if you will attend)*

 **Special Needs:** Please indicate any special needs (i.e. dietary, etc.)  
\_\_\_\_\_

**Method of Payment:** Make check payable to *Saint Louis University.*

Check Enclosed  
OR  
Charge        

Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Cardholder's Address *(if different than participant)* \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Signature \_\_\_\_\_

Mail completed registration to:  
Practical Anatomy & Surgical Education, Attn: Course Coordinator, 3839 Lindell Blvd., St. Louis, MO 63108 USA  
Phone: 314-977-7400 Fax: 314-977-7345 E-mail: pa@slu.edu Website: http://pa.slu.edu

# FACULTY

**COURSE DIRECTORS**  
**L. Mike Nayak, MD**  
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**Paul S. Nassif, MD, FACS**  
Facial Plastic and Reconstructive Surgery, Spalding Drive Cosmetic Surgery and Dermatology, Beverly Hills, CA

**Joe Niamtu, III, DMD**  
Cosmetic Facial Surgery, Richmond, VA

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*Faculty subject to change.*



**SAINT LOUIS UNIVERSITY**  
Practical Anatomy & Surgical Education  
3839 Lindell Boulevard  
St. Louis, MO 63108-3413



PART I:  
Contemporary Surgery  
of the **AGING FACE**  
October 19-20, 2007

PART II:  
Neurosurgical Techniques  
for **Facial Rejuvenation**  
October 21, 2007

A TWO-PART INTENSIVE HANDS-ON CADAVER WORKSHOP

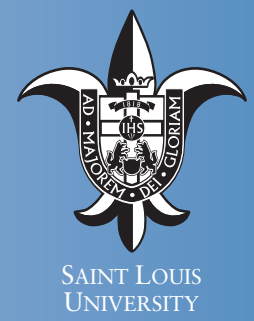
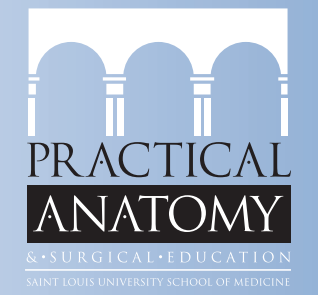
PART I:  
**CONTEMPORARY SURGERY** of the **AGING FACE**  
OCTOBER 19-20, 2007

PART II:  
**NONSURGICAL TECHNIQUES**  
for **FACIAL REJUVENATION**  
OCTOBER 21, 2007



COURSE DIRECTORS:  
L. MIKE NAYAK, MD  
ROBERTA D. SENGELMANN, MD  
HONORED GUESTS:  
J. WILLIAM LITTLE, MD  
MURAD ALAM, MD, MSCI

October 19-21, 2007 – St. Louis, MO USA



# SCHEDULE and LECTURES

## PART I: CONTEMPORARY SURGERY of the AGING FACE

FRIDAY, OCTOBER 19, 2007

7:00 am	Registration and Continental Breakfast	
7:30 am	Welcome and Introduction – Part I	<i>L. M. Nayak</i>
7:45 am	<b>Purse String Facelifting</b>	<i>D. Brandy</i>
8:30 am	<b>Sculptural Meloplasty Made Easy: Reshaping the Aging Face (and Neck) in the Safe, Simple, Superficial, Subcutaneous Plane</b>	<i>J. W. Little</i>
9:15 am	<b>3-D Video Demonstration</b>	<i>D. Brandy</i>
9:45 am	<b>3-D Video Demonstration</b>	<i>J. W. Little</i>
10:15 am	Break and Exhibits	
10:45 am	<b>Hands-On Cadaver Lab Session:</b> Purse String Facelifting and Meloplasty	<i>All Faculty</i>
12:45 pm	Lunch/Lecture: <b>SMAS Facelifting</b>	<i>J. Niamtu</i>
1:30 pm	Management Options for the Submental and Anterior Neck	<i>L. M. Nayak, J. W. Little</i>
2:15 pm	<b>3-D Video Demonstration</b>	<i>J. Niamtu</i>
2:30 pm	<b>3-D Video Demonstration</b>	<i>J. W. Little, L. M. Nayak</i>
3:00 pm	Break and Exhibits	
3:15 pm	<b>Hands-On Cadaver Lab Session:</b> SMAS Facelifting and Submentoplasty	<i>All Faculty</i>
5:00 pm	Adjourn	
6:30 pm	Special Event Reception	

SATURDAY, OCTOBER 20, 2007

7:00 am	Sign-in and Continental Breakfast	
7:30 am	Welcome	<i>L. M. Nayak</i>
7:45 am	<b>Upper Blepharoplasty</b>	<i>P. Custer</i>
8:15 am	<b>Transconjunctival Lower Blepharoplasty and Fat Repositioning</b>	<i>J. Holds</i>
8:45 am	<b>3-D Video Demonstration</b>	<i>P. Custer</i>
9:15 am	<b>3-D Video Demonstration</b>	<i>J. Holds</i>
9:45 am	Break and Exhibits	
10:15 am	<b>Hands-On Cadaver Lab Session:</b> Upper and Lower Blepharoplasty	<i>All Faculty</i>
12:15 pm	Lunch/Lecture: <b>Complications of Blepharoplasty</b>	<i>M. Hartstein</i>
1:00 pm	<b>Volumetric Rejuvenation of the Orbit with Orbicularis Suspension</b>	<i>J. W. Little</i>
1:30 pm	<b>Facial Implants</b>	<i>J. Niamtu</i>
2:15 pm	<b>3-D Video Demonstration</b>	<i>J. W. Little</i>
2:45 pm	<b>3-D Video Demonstration</b>	<i>J. Niamtu</i>
3:15 pm	Break and Exhibits	
3:30 pm	<b>Hands-On Cadaver Lab Session:</b> Orbicularis Suspension and Facial Implants	<i>All Faculty</i>
5:00 pm	Workshop (Part I) Adjourns	



## PART II: NONSURGICAL TECHNIQUES for FACIAL REJUVENATION

SUNDAY, OCTOBER 21, 2007

7:30 am	Sign-In and Continental Breakfast	
8:00 am	Welcome and Introduction – Part II	<i>R. Sengelmann</i>
8:10 am	<b>Skin Care Basics: What Works and How</b>	<i>M. Kandula</i>
8:25 am	<b>Local and Regional Anesthesia for the Face</b>	<i>S. Raza</i>
8:40 am	<b>Botulinum Toxin: Advanced Techniques</b>	<i>R. Sengelmann</i>
9:05 am	<b>Update on Fillers</b>	<i>M. Alam</i>
9:30 am	<b>Filler and Botulinum Toxin Complications</b>	<i>S. Tull</i>
9:45 am	Questions and Answers	<i>All Faculty</i>
10:00 am	Break and Exhibits	
10:30 am	<b>Chemical Peels</b>	<i>R. Sengelmann</i>
10:55 am	<b>“Nonablative” Laser Skin Rejuvenation: IPL, Fractional, RF, Plasma</b>	<i>N. Semchyshyn</i>
11:20 am	<b>Treatment of Cellulite</b>	<i>M. Alam</i>
11:35 am	<b>Ablative Laser Skin Rejuvenation</b>	<i>S. Tull</i>
11:50 am	<b>Laser Complications</b>	<i>E. Hurst (?? not in faculty list)</i>
12:05 pm	Questions and Answers	<i>All Faculty</i>
12:15 pm	Lunch/Lecture: <b>Autologous Fat Transfer</b>	<i>S. Lam</i>
1:00 pm	<b>3-D Video Demonstration:</b> <b>Botulinum Toxin, Fillers, Peels Lasers</b>	<i>R. Sengelmann, M. Kandula, S. Tull</i> <i>M. Alam, E. Hurst, N. Semchyshyn, S. Raza</i>
2:00 pm	<b>Hands-On Cadaver Lab Session:</b> Peels/Fillers	<i>All Faculty</i>
3:30 pm	Workshop Adjourns	

# CONTINUING EDUCATION

## FACULTY DISCLOSURE POLICY

It is the policy of Saint Louis University School of Medicine to insure balance, independence, objectivity and scientific rigor in its continuing medical education program. Faculty participating in these activities are required to disclose to the audiences prior to the activity the following:

- (1) The existence of any significant financial or other relationship with the manufacturer of any commercial product or provider of any commercial service discussed.
- (2) Their intention to discuss a product that is not labeled for the use under discussion.
- (3) Their intention to discuss preliminary research data.

## VALIDATION OF CONTENT

Saint Louis University School of Medicine follows the ACCME policy on Validation of Content for CME activities which requires that:

- All recommendations involving clinical medicine must be based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients.
- All scientific research referred to, reported or used in CME in support or justification of a patient care recommendation must conform to the generally accepted standards of experimental design, data collection and analysis.

Saint Louis University School of Medicine will review this activity's disclosures and resolve all identified conflicts of interest, if applicable.

# GENERAL INFORMATION

## WORKSHOP LOCATION

This workshop will be conducted at Practical Anatomy & Surgical Education located at 3839 Lindell Boulevard, St. Louis, Missouri 63108-3413.

## CANCELLATION AND REFUND POLICY

Cancellations received three weeks prior to the course will be refunded less a 10 percent processing fee. The conference is not responsible for travel expenses incurred. In the event the conference is cancelled, the tuition fee and flight transfer fee (original receipt required) are reimbursable.

## PLEASE NOTE

If you have NOT received confirmation of registration prior to your departure, contact Practical Anatomy. Registration cannot be processed until full payment is received. Practical Anatomy is not responsible for expenses incurred by individuals who are not confirmed and paid-in-full.

**Practical Anatomy workshops are now paperless!** You will receive a self-contained CD at registration which will include all available handouts. Participants are welcome to bring a laptop to view handouts during presentations. All participants are responsible for personal property while attending the workshop.

## ACCOMMODATIONS

For the convenience of our attendees, a block of discounted rooms has been set aside at three hotels. Shuttle transportation will be provided between the hotel and workshop site each day.

### THE RITZ CARLTON – St. Louis \$145 - Deluxe Accommodations

100 Carondelet Plaza, St. Louis, MO 63105

Phone: (314) 863-6300 Fax: (314) 863-7486

Website: <http://www.ritzcarlton.com>

### Water Tower Inn at Saint Louis University \$75 - Please be sure to mention Group 800 / Booking #929

3545 Lafayette Ave., St. Louis, MO 63104

Phone: (314) 977-7500 Fax: (314) 977-7505 Website: <http://www.slu.edu/events/wti.html>

### Residence Inn by Marriott St. Louis–Downtown \$89

525 S. Jefferson Ave., St. Louis, MO 63103

Phone: (314) 289-7500 Fax: (314) 289-7550 Website: <http://www.residenceinnstlouisdowntown.com>

Make reservations directly with the hotel. Room reservations are NOT made through the Practical Anatomy office.

**Do not make airline reservations until you have received written confirmation of placement in the workshop.** For information on alternative hotels, contact the Course Coordinator.

## SPECIAL EVENT RECEPTION

A special reception is planned for Friday, October 19, 2007. Participants are welcome to enjoy this special evening at no additional cost. If you wish to bring a guest, there will be an additional charge. Transportation will be provided from the designated hotels.

## CONTINUING EDUCATION

Saint Louis University School of Medicine designates this educational activity for a maximum of 23 (Part I: 16.5, Part II: 6.5) AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This course has been designated as Level 1 (Verification of Attendance) of the AMA's Credit Designation for New Procedures and Skills. Completion of this course does not certify the participant in their proficiency of the skills.

The American Medical Association has determined that physicians not licensed in the US who participate in this CME activity are eligible for AMA PRA Category 1 Credit(s)<sup>™</sup>.

## ACCREDITATION

Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

# EDUCATIONAL OBJECTIVES

This workshop has been designed to provide plastic surgeons, facial plastic surgeons and cosmetic surgeons with an overview of contemporary surgical rejuvenation of the aging face. Special attention has been directed toward restoring youthful volumes and contours to the aging midface, jawline and neck. The participants will have the opportunity to learn and enhance their skills in a variety of procedures on the brow, midface, lower face and neck. By completing this workshop, participants will learn state of the art techniques in the following procedures:

- upper and lower blepharoplasty and midface lifting techniques
- restoring facial balance through autologous fat transfer
- minimally invasive anterior face and neck lifting
- chemical denervation and dermal filler techniques
- laser and light based therapies

The objectives will be met in part by performing the procedures on specially prepared cadavers. The cadavers used are extremely flexible and “life-like”. Two surgeons per cadaver station.

**MISSION STATEMENT:** Practical Anatomy and Surgical Education, Center for Anatomical Science and Education, Saint Louis University School of Medicine, is dedicated to the development and presentation of innovative medical health and science workshops. Practical Anatomy strives to promote the concept of lifelong learning by utilizing the latest technology to connect young people, residents, healthcare professionals and surgeons, to world-class experts and faculty.



Save the date!

Part I: Microsurgery – October 26, 2007

Part II: Free Tissue Transfer for Major Ablative Defects of the Head and Neck

October 27-28, 2007

Mark A. Varvares, MD, FACS and Michael J. Odell, MD

Reconstructive Surgery of the Larynx and Cervical Trachea

February 29 – March 1, 2008

Mark A. Varvares, MD

please visit our website at: <http://pa.slu.edu>