

**Laxmeesh Mike Nayak, M.D.**  
763 South New Ballas Road  
Suite 204  
St. Louis, MO, 63141  
314-991-5438

**Education**

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- 2003-2004      **AAFPRS Fellowship in Facial Plastic and Reconstructive Surgery**  
American Academy of Facial Plastic and Reconstructive Surgery  
The Glasgold Group, Highland Park, NJ
- 1999-2003      **Resident in Otolaryngology/Head and Neck Surgery**  
Harvard Medical School  
Massachusetts Eye and Ear Infirmary, Boston, MA
- 1998-1999      **Intern in General Surgery**  
Harvard Medical School  
Massachusetts General Hospital, Boston, MA
- 1998            **Doctor of Medicine**  
Washington University School of Medicine, St. Louis, MO
- 1994            **Bachelor of Science in Molecular Biophysics and Biochemistry,**  
Yale University, New Haven, CT  
Awarded *summa cum laude*, with Distinction in Molecular Biophysics and  
Biochemistry

**Awards**

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- 2006            **Clinical Professor of the Year** Department of Otolaryngology-Head and Neck Surgery,  
St. Louis University School of Medicine
- 2004            **American Board of Facial Plastic Surgery Jack Anderson Prize for Scholastic  
Excellence, 1<sup>st</sup> Runner Up** Ranked 2<sup>nd</sup> highest in combined written and oral  
facial plastic and reconstructive board scores nationally
- 2002            **Triological Society Resident Research Award**
- 1994-1998      **Distinguished Student Scholarship** Full-tuition, merit-based, medical school  
scholarship  
**Commencement Speaker**  
**Alpha Omega Alpha Initiate**  
**Alpha Omega Alpha Book Prize**  
**Dr. Richard S. Brookings Medical School Prize**  
**Louis and Dorothy Kovitz Senior Prize in Surgery**  
**McGraw-Hill Book Prize**  
**Dr. John Ebsen Kirk Award**  
**Medical Center Alumni Scholarship Award**  
**Howard A. McCordock Book Prize in Pathology**  
**James L. O'Leary Neuroscience Prize**  
**Antoinette Frances Dames Award in Cell Biology and Physiology**  
**Bearer of School of Medicine Standard at University Commencement**  
**American College of Physicians Award in Physical Diagnosis - Honorable Mention**
- 1994            **Phi Beta Kappa** Alpha of Connecticut, Yale College

*Academic*

*Appointments*

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- 2006-present      **Clinical Assistant Professor, Division of Facial Plastic and Reconstructive Surgery**  
St. Louis University School of Medicine
- 2004-2006      **Director, Division of Facial Plastic and Reconstructive Surgery**  
**Assistant Professor in Otolaryngology-Head and Neck Surgery**  
St. Louis University School of Medicine
- 2003-2004      **Volunteer Clinical Instructor in Surgery**  
UMDNJ University Hospital, Newark, NJ
- 1998-2003      **Clinical Instructor in Otology and Laryngology**  
Harvard Medical School, Boston, MA

*Hospital*

*Appointments*

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- 2004-present      **Attending in Surgery Otolaryngology-Head and Neck Surgery**  
St. John's Hospital, St. Louis, MO
- 2004-2006      **Attending in Otolaryngology-Head and Neck Surgery**  
St. Louis University Hospital, St. Louis, MO
- Attending in Surgery Otolaryngology-Head and Neck Surgery**  
Cardinal Glennon Children's Hospital, St. Louis, MO
- 2003-2004      **Attending in Surgery Otolaryngology-Head and Neck Surgery**  
Robert Wood Johnson University Hospital
- Attending in Surgery Otolaryngology-Head and Neck Surgery**  
UMDNJ University Hospital, Newark, NJ

*Licensures and*  
*Certifications*

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- 2007      **Certification** American Board of Facial Plastic and Reconstructive Surgery
- 2004      **Licensure** Missouri
- Certification** American Board of Otolaryngology.
- 2003      **Licensure** New Jersey, New York, Illinois
- 1999      **Certification** National Board of Medical Examiners

*Professional*  
*Societies*

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- 2001-present      **American Medical Association**
- American Academy of Facial Plastic and Reconstructive Surgery**

## American Academy of Otolaryngology-Head and Neck Surgery

### *Teaching and Presentations*

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- 2008 **Course Director:** *Contemporary Surgery of the Aging Face*, Practical Anatomy Workshop of St. Louis, September 26-28, 2008.
- 2007 **Invited Faculty:** *Beverly Hills Symposium on Facial Plastic Surgery*, Cedars-Sinai Medical Center, November 3-4, 2007.
- Course Director:** *Contemporary Surgery of the Aging Face*, Practical Anatomy Workshop of St. Louis, October 19-20, 2007.
- Co-Course Director:** *Purse String Facelifting and Fat Transfer*, American Academy of Cosmetic Surgery, September 28-29, 2007.
- Invited Faculty:** *Advances in Cosmetic Blepharoplasty, Brow, and Midface Lift*, Practical Anatomy Workshop of St. Louis, February 23-24, 2007.
- 2006 **Course Director:** *Contemporary Surgery of the Aging Face*, Practical Anatomy Workshop of St. Louis, November 17-18, 2006.
- Grand Rounds:** *Lasers in Skin Rejuvenation*, St. Louis University Department of Otolaryngology, April 5, 2006.
- Invited Faculty and Speaker:** *Advances in Cosmetic Blepharoplasty, Brow, and Midface Lift*, Practical Anatomy Workshop of St. Louis, February 3-4, 2006.
- 2005 **Grand Rounds:** *Reconstructive Rhinoplasty*, St. Louis University Division of Plastic Surgery, December 13, 2005.
- Invited Speaker:** *An Overview of Facial Plastic Surgery*, St. Louis University Medical School Alumni Association Annual Meeting, St Louis, MO, October 28, 2005.
- Course Director:** *Contemporary Surgery of the Aging Face*, Practical Anatomy Workshop of St. Louis, October 20-22, 2005.
- Invited Speaker:** *Insider's Guide to Facial Plastic Surgery*, American Association of Physicians from India Auxiliary Annual Meeting, Rend Lake, IL, September 16, 2005.
- Grand Rounds:** *Autologous Fat Transfer*, St. Louis University Department of Otolaryngology, September 7, 2005.
- Invited Faculty and Speaker:** *Advances in Cosmetic Blepharoplasty, Brow, and Midface Lift*, Practical Anatomy Workshop of St. Louis, July 22-23, 2005.
- Resident Didactic Lecture:** *Facial Trauma*, St. Louis University Department of Otolaryngology, July 13, 2005.
- Resident Didactic Lecture:** *Complications of Blepharoplasty*, St. Louis University Department of Otolaryngology, May 18, 2005.
- Invited Speaker:** *Major Nasal Reconstruction*, Missouri State Medical Association Annual Meeting, Kansas City, MO, April 9, 2005.

**Invited Faculty and Speaker:** *Advances in Cosmetic Blepharoplasty, Brow, and Midface Lift*, Practical Anatomy Workshop of St. Louis, January 28-29, 2005.

**Resident Didactic Lecture:** *Facial Analysis*, St. Louis University Department of Otolaryngology, January 12, 2005.

2004 **Course Director:** Autologous Fat Transfer Workshop. AAFPRS Annual meeting, New York, NY, September 21, 2004.

**Grand Rounds:** *Autologous Fat Transfer*, St. Louis University Department of Otolaryngology, August 18, 2004.

2003 **Original Research Presentation:** *Microvenous Anastomotic Thrombosis: The Rat Femoral Vein Tuck Model*, Triological Society Eastern Section annual meeting, Boston, MA, 2003.

1996 **Original Research Presentation:** *Changes in Vascular Surface Area Accompanying Peripheral Nerve Crush*, American Society for the Peripheral Nerve annual meeting, St. Louis, MO, 1996.

### ***Publications***

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<i>in progress</i>	<b>Nayak LM</b> , Glasgold R, Glasgold M: Direct neck excision (submitted – under review)
	<b>Nayak LM</b> , Deschler DG: Microvenous anastomotic thrombosis: the rat femoral vein tuck model. (submitted – under review)
2003	<b>Nayak LM</b> , Deschler DG: Head and neck lymphomas. <i>Otolaryngologic Clinics of North America</i> . 36(4):625-46, 2003.
1995	Predki PF, <b>Nayak LM</b> , Gottleib MBC, Regan L: Dissecting RNA-protein interactions: RNA-RNA recognition by Rop. <i>Cell</i> . 80:41-50, 1995.

### ***Personal***

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Proficient in spoken and written Spanish.

Extensive musical and business experience in the Whiffenpoofs, the Saint Louis Chamber Chorus, and professional *a cappella* singing groups. Other hobbies include digital media, fitness, scuba diving, wind instruments, and participating in surgical missions abroad.