

AN INTENSIVE HANDS-ON CADAVER WORKSHOP



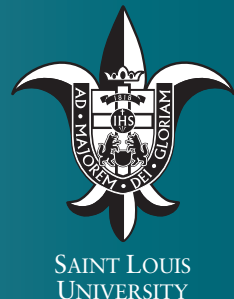
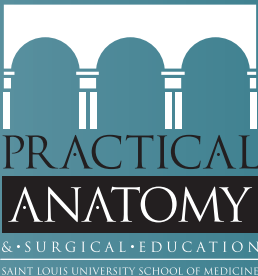
ADVANCED TECHNIQUES IN FACIAL REJUVENATION



Course Director:
L. Mike Nayak, MD

Honored Guests: Timothy J. Marten, MD, FACS; Edwin F. Williams, MD, FACS

September 26-28, 2008 – St. Louis, MO USA



SCHEDULE *and* LECTURES

FRIDAY, SEPTEMBER 26, 2008

- 7:00 am Registration and Continental Breakfast
- 7:30 am Welcome and Introduction *L. M. Nayak*
- 7:45 am **PURSE STRING FACELIFTING** *D. Brandy*
- 8:30 am **DEEP PLANE FACELIFTING** *M. Glasgold*
- 9:15 am BREAK AND EXHIBITS
- 9:45 am **LAMELLAR HIGH SMAS FACELIFT** *T. Marten*
Simultaneous, Single Flap Lifting of the Cheek, Mid-face and Jowl
- 10:30 am **SUBMENTOPLASTY** *A. Cuzalina*
- 11:15 am Questions and Answers *All Faculty*
- 11:30 am LUNCH AND EXHIBITS
- 12:15 pm **Hands-On Cadaver Lab Session** *All Faculty*
Purse String Facelifting and Deep Plane Facelifting
- 2:15 pm BREAK AND EXHIBITS
- 2:30 pm **Hands-On Cadaver Lab Session** *All Faculty*
SMAS Facelifting and Submentoplasty
- 4:30 pm Adjourn
- 6:00 pm Social Reception

SATURDAY, SEPTEMBER 27, 2008

- 7:00 am Sign-in and Continental Breakfast
- 7:30 am Welcome Announcements *L. M. Nayak*
- 7:45 am **FACIAL IMPLANTS** *J. Niamtu*
- 8:30 am **ENDOSCOPIC BROW AND MIDFACE LIFT**
A Fifteen Year Perspective *E. Williams*
- 9:15 am BREAK AND EXHIBITS
- 9:45 am **OPEN BROWLIFT** *F. Fechner*
- 10:30 am **AGING RHINOPLASTY** *A. Glasgold*
- 11:15 am **FAT TRANSFER TECHNIQUES** *S. Lam, M. Glasgold*
- 12:00 pm LUNCH AND EXHIBITS
- 12:30 pm **Hands-On Cadaver Lab Session** *All Faculty*
Endoscopic Brow Lift
Open Brow Lift/Implant Techniques
- 2:30 pm BREAK AND EXHIBITS
- 2:45 pm **Hands-On Cadaver Lab Session** *All Faculty*
Rhinoplasty Techniques
Complementary Fat Grafting
Continued Browlifting
- 4:30 pm Adjourn



SUNDAY, SEPTEMBER 23, 2008

7:30 am	Sign-in and Continental Breakfast	
8:00 am	Welcome Announcements	<i>L. M. Nayak</i>
8:10 am	REJUVENATION OF THE LOWER EYELID IN THE 21ST CENTURY	<i>E. Williams</i>
8:40 am	PERSONAL EXPERIENCE WITH SKIN-MUSCLE FLAP BLEPHAROPLASTY	<i>F. Fechner</i>
9:10 am	FACIAL REJUVENATION SURGERY Personal Tips and Insights	<i>B. Ridenour</i>
9:40 am	BREAK AND EXHIBITS	
10:00 am	SMALL INCISION, NON-ENDOSCOPIC BROWLIFT	<i>T. Marten</i>
10:30 am	SELF-RETAINING PULLEY SUTURES FOR SMAS PLICATION	<i>G. Branham</i>
11:00 am	LASER SKIN REJUVENATION	<i>L. M. Nayak</i>
11:30 am	Questions and Answers	<i>All Faculty</i>
11:45 am	WORKSHOP ADJOURNS	



CONTINUING EDUCATION

FACULTY DISCLOSURE POLICY

It is the policy of Saint Louis University School of Medicine to insure balance, independence, objectivity and scientific rigor in its continuing medical education program. Faculty participating in these activities are required to disclose to the audiences prior to the activity the following:

- (1) The existence of any significant financial or other relationship with the manufacturer of any commercial product or provider of any commercial service discussed.
- (2) Their intention to discuss a product that is not labeled for the use under discussion.
- (3) Their intention to discuss preliminary research data.

VALIDATION OF CONTENT

Saint Louis University School of Medicine follows the ACCME policy on Validation of Content for CME activities which requires that:

- All recommendations involving clinical medicine must be based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients.
- All scientific research referred to, reported or used in CME in support or justification of a patient care recommendation must conform to the generally accepted standards of experimental design, data collection and analysis.

Saint Louis University School of Medicine will review this activity's disclosures and resolve all identified conflicts of interest, if applicable.

GENERAL INFORMATION

WORKSHOP LOCATION

This workshop will be conducted at Practical Anatomy & Surgical Education located at 3839 Lindell Boulevard, St. Louis, Missouri 63108-3413.

CANCELLATION POLICY

Cancellations received three weeks prior to the course will be refunded less a 10 percent processing fee. The conference is not responsible for travel expenses incurred. In the event the conference is cancelled, the tuition fee and flight transfer fee (*original receipt required*) are reimbursable.

PLEASE NOTE

If you have NOT received confirmation of registration prior to your departure, contact Practical Anatomy. Registration cannot be processed until full payment is received. Practical Anatomy is not responsible for expenses incurred by individuals who are not confirmed and paid-in-full.

ACCOMMODATIONS

For the convenience of our attendees, a block of discounted rooms has been set aside at the following hotels. Shuttle transportation will be provided between the hotel and workshop site each day.

The Ritz-Carlton, Saint Louis – \$153

Deluxe Accommodations

1000 Carondelet Plaza, St. Louis, MO 63105

Phone: (314) 863-6300

Fax: (314) 863-7486

Website: <http://www.ritzcarlton.com>

Water Tower Inn at Saint Louis University – \$75

Be sure to mention: Group #800

3545 Lafayette Ave., St. Louis, MO 63104

Phone: (314) 977-7500

Fax: (314) 977-7505

Website: <http://www.slu.edu/events/wti.html>

For information on alternative hotels, contact the Course Coordinator.

Make reservations directly with the hotel. Room reservations are NOT made through the Practical Anatomy office. **Do not make airline reservations until you have received written confirmation of placement in the workshop.**

SPECIAL EVENT

A social reception is planned for Friday, September 26, 2008. Participants are welcome to enjoy this special evening at no additional cost. If you wish to bring a guest, there will be an additional charge. Transportation will be provided from the designated hotels.

CONTINUING EDUCATION

CONTINUING EDUCATION

Saint Louis University School of Medicine designates this educational activity for a maximum of 17.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This course has been designated as Level 1 (Verification of Attendance) of the AMA's Credit Designation for New Procedures and Skills. Completion of this course does not certify the participant in their proficiency of the skills.

The American Medical Association has determined that physicians not licensed in the US who participate in this CME activity are eligible for *AMA PRA Category 1 Credit(s)*[™].

ACCREDITATION

Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

EDUCATIONAL OBJECTIVES

This workshop has been designed to provide plastic surgeons, facial plastic surgeons and cosmetic surgeons with an overview of contemporary surgical rejuvenation of the aging face. Special attention has been directed toward restoring youthful volumes and contours to the aging face and neck using proven, predictable techniques. The participants will have the opportunity to learn and enhance their skills in a variety of procedures on the brows, midface, lower face and neck. By completing this workshop, participants will learn state of the art techniques in the following procedures:

- open, minimally invasive, and endoscopic browlifting
- restoring facial balance through alloplastic implants and autologous fat transfer
- minimally invasive, deep plane, and extended SMAS face and neck lifting
- submentoplasty

The objectives will be met in part by performing the procedures on specially prepared cadavers. The cadavers used are extremely flexible and “life-like”. Two surgeons per cadaver station.

MISSION STATEMENT: Practical Anatomy and Surgical Education, Center for Anatomical Science and Education, Saint Louis University School of Medicine, is dedicated to the development and presentation of innovative medical health and science workshops. Practical Anatomy strives to promote the concept of lifelong learning by utilizing the latest technology to connect young people, residents, healthcare professionals and surgeons, to world-class experts and faculty.



Save
the date!

ADVANCES in RHINOPLASTY and NASAL RECONSTRUCTION

November 14-15, 2008

Course Directors: Jill L. Hessler, MD; Gregory H. Branham, MD – Honored Guest: Shan Baker, MD

and

CRANIOFACIAL SURGERY and TRANSFACIAL APPROACHES to the SKULL BASE

December 6-7, 2008

Course Director: James T. Goodrich, MD, PhD

please visit our website at: <http://pa.slu.edu>

F A C U L T Y

L. Mike Nayak, MD - Course Director

Clinical Assistant Professor of Facial Plastic Surgery
Saint Louis University School of Medicine
Nayak Plastic Surgery and Skin Enhancement Center, St. Louis, MO

Timothy J. Marten, MD, FACS - Honored Guest

Marten Clinic of Plastic Surgery, San Francisco, CA

Edwin F. Williams, MD - Honored Guest

The Williams Center for Excellence, Latham, NY

Dominic A. Brandy, MD

Medical Director, The Skin Center, Pittsburgh, PA

Gregory H. Branham, MD, FACS

Associate Professor and Chief, Facial Plastic Surgery
Washington University School of Medicine, St. Louis, MO

Angelo Cuzalina, MD, DDS

Tulsa Surgical Arts, Tulsa, OK

Frank P. Fechner, MD

Facial Plastic Surgery, Worcester, MA

Alvin Glasgold, MD

Clinical Professor of Surgery
UMDNJ-Robert Wood Johnson Medical School, Highland Park, NJ

Mark Glasgold, MD, FACS

Clinical Associate Professor of Surgery, UMDNJ-Robert Wood Johnson Medical School
Glasgold Group Plastic Surgery, Highland Park, NJ

Robert Glasgold, MD

Assistant Clinical Professor of Surgery, UMDNJ-Robert Wood Johnson Medical School
Glasgold Group Plastic Surgery, Highland Park, NJ

Jill L. Hessler, MD

Assistant Professor, Facial Plastic and Reconstructive Surgery Center
Washington University School of Medicine, St. Louis, MO

Samuel M. Lam, MD, FACS

Lam Facial Plastic Surgery Center & Hair Restoration Institute, Plano, TX

Joe Niamtu, III, DMD

Cosmetic Facial Surgery, Richmond, VA

Brock Ridenour, MD, FACS

Ridenour Plastic Surgery, St. Louis, MO

Frank Simo, MD

Facial Plastic and Cosmetic Surgery Center, St. Louis, MO

Faculty subject to last minute change.



REGISTRATION FORM

ADVANCED TECHNIQUES IN FACIAL REJUVENATION

September 26-28, 2008

PLEASE PRINT CLEARLY!

CME Certificate accuracy is dependent on legibility.

Name _____

Degree _____ Specialty _____

Mailing Address _____

City _____

State _____ Postal Code _____ Country _____

Phone _____

Fax _____

E-mail _____ Date-of-birth _____

All confirmations will be sent via email - PLEASE WRITE LEGIBLY.

CME Tracking requirement.

Tuition Fees

Course # P092608

- \$2495 Physician Fee
- \$1495 Fellows/Residents/USA Military Fee *(Letter of verification required)*
- \$0 Special Event - September 26, 2008 *(No add'l charge. Please check if you will attend.)*



Special Needs *(Please indicate any special needs (i.e. dietary, etc.)*

Method of Payment Make check payable to "Saint Louis University".

Check Enclosed

OR

Charge



Account Number _____ Exp. Date _____

Cardholder's Name _____

Cardholder's Address *(if different than participant)* _____

City _____

State _____ Postal Code _____ Country _____

Signature _____

Mail completed registration to:

Practical Anatomy & Surgical Education, Attn: Course Coordinator, 3839 Lindell Blvd., St. Louis, MO 63108 USA

Phone: 314-977-7400 **Fax:** 314-977-7345 **E-mail:** pa@slu.edu **Website:** http://pa.slu.edu